

The Triskelion (or triskele) is an ancient, 5,000+ year-old symbol featuring three interlocking spirals or bent human legs, representing motion, cycles, and progress. Rooted in Neolithic and Celtic traditions, it signifies the "three-fold" nature of reality, such as life-death-rebirth or past-present-future, commonly associated with the number three's significance.

Design: Consists of three spirals or limbs originating from a central point, symbolizing movement, energy, and continuity.

Origins: Originating in the European Neolithic and Bronze Ages, it is heavily associated with Celtic art and the La Tène culture.

Ancient Usage: It appears on Irish megalithic monuments (like **Newgrange**) and in Greek pottery/coinage.

Symbolism: Celtic/Druid: Often represents the triple aspect of a goddess, the realms of earth, sea, and sky, or the cycles of nature.

Spiritual/Numerical: Highlights the belief that "three" is a significant, magical number, representing themes like "3rd times the charm".

Christian Adoption: Later adopted to represent the Holy Trinity (Father, Son, and Holy Spirit).

Variations: While often spiral-based, the Triskelion also appears as three bent legs (similar to the emblem of Sicily or the Isle of Man).

It remains a potent symbol of Celtic heritage, often found in modern jewelry and art to represent Celtic spirituality and the natural world.