

New Year, New Beginnings Quotations

“No matter how hard the past is, you can always begin again.”

~ Buddha

“Be willing to be a beginner every single morning.”

~ Meister Eckhart

“We must always change, renew, rejuvenate ourselves; otherwise we harden.” ~ Johann Wolfgang von Goethe

“Drive my dead thoughts over the universe
Like withered leaves to quicken a new birth!
And, by the incantation of this verse,
Scatter, as from an unextinguished hearth
Ashes and sparks, my words among mankind!”
~ Percy Shelley, “Ode to the West Wind”

“The beginning is always today.” ~ Mary Wollstonecraft Shelley

“It is never too late to be what you might have been.” ~ George Eliot

“Our life is an apprenticeship to the truth that around every circle another can be drawn; that there is no end in nature, but every end is a beginning, and under every deep a lower deep opens.”

~ Ralph Waldo Emerson

“You must give birth to your images. They are the future waiting to be born. Fear not the strangeness you feel. The future must enter you long before it happens. Just wait for the birth, for the the hour of the new clarity.” ~ Rainer Maria Rilke

“There are some things one can only achieve by a deliberate leap in the opposite direction.” ~ Franz Kafka

“Strength shows not only in the ability to persist, but the ability to start over.” ~ F. Scott Fitzgerald

“For what it’s worth: it’s never too late or, in my case, too early to be whoever you want to be. There’s no time limit, stop whenever you want. You can change or stay the same, there are no rules to this thing. We can make the best or the worst of it. I hope you make the best of it. And I hope you see things that startle you. I hope you feel things you never felt before. I hope you meet people with a different point of view. I hope you live a life you’re proud of. If you find that you’re not, I hope you have the courage to start all over again.”
~ F. Scott Fitzgerald

“For last year’s words belong to last year’s language and next year’s words await another voice.” ~ T.S. Eliot

“And some day there will be nothing left of everything that has twisted my life and grieved it and filled me so often with such anguish. Some day, with the last exhaustion, peace will come and the motherly earth will gather me back home. It won't be the end of things, only a way of being born again, a bathing and a slumbering where the old and the withered sink down, where the young and new begin to breathe. Then, with other thoughts, I will walk along streets like these, and listen to streams, and overhear what the sky says in the evening, over and over and over.” ~ Hermann Hesse

“We must be willing to get rid of the life we’ve planned, so as to have the life that is waiting for us. The old skin has to be shed before the new one can come.” ~ Joseph Campbell

“Last year is dead, they seem to say,
Begin afresh, afresh, afresh.”
~ Philip Larkin, “The Trees.”

“I remember
a dream two nights ago: the voice,
‘the artist must / create himself or be born again.’”

~ Denise Levertov, “In Memory of Boris Pasternak”

“With my ninth mind I resurrect my first / and dance slow to the music of my soul made new.” ~ Aberjhani, “Visions of a Skylark Dressed in Black”

“The soul is lost in its literal perspective, its identity with material life. It is stuck in coagulations of physical realities. This perspective of reality needs to break down and fall apart Our falling apart is an imaginal process, like the collapse of cities and the fall of heroes in mythical tales—like the dismemberment of Dionysian loosening which releases from overtight constraint, like the dissolution and decay in alchemy. The soul moves, via the pathologized fantasy of disintegration, out of too-centralized and muscle-bound structures which have become ordinary and normal, so normative that they no longer correspond with the psyche’s needs for non-ego imaginal realities Pathologizings, in fact, were necessary states of the soul as it went through the transmuting process. The alchemical process was pathologizing: transformation is a pathologizing experience.... Falling apart makes possible a new style of reflection within the psyche, less a centered contemplation of feeling collected around a still point And awareness of fantasy that cracks the normative cement of our daily realities into new shapes. This style ... could not have come into being had the normal apparatus of the old ego not fragmented, making possible a new sophistication of multiple mirroring Myths include the phenomena that are discredited in normative psychology, where they are called abnormal, bizarre, absurd, self-destructive, and sick. If we pursue this difference between psychology and mythology, we see clearly how mythology saves the phenomena of psychopathology.... Without psychopathology (or falling apart) there is no wholeness; in fact, psychopathology is a differentiation of that wholeness.”

~ Dr. James Hillman, Archetypal Psychologist

“The splendid thing about falling apart silently...is that you can start over as many times as you like.” ~ Sanober Khan

“Never be afraid of falling apart, because it is an opportunity to rebuild yourself the way you wish you had been all along.” ~ Rae Smith, Theater Designer

“Nourish beginnings, let us nourish beginnings. Not all things are blest, but the seeds of all things are blest. The blessing is in the seed.” ~ Muriel Rukeyser

“When you feel like you have been hit, dig deep and hit back. Rock bottom is not your end; it is your beginning.” ~ Christine Evangelou, *Stardust and Star Jumps*

“All great beginnings start in the dark, when the moon greets you to a new day at midnight.” ~ Shannon L. Alder

“A new dawn always breaks after darkness, but only those who have survived the night live to see it.” ~ Tristan Roulot, *Arale*

“Every sunset is an opportunity to reset. Every sunrise begins with new eyes.” ~ Richie Norton

“The thrill of new beginnings is immensely alluring!” ~ Avijeet Das

“It was as if the land opened its lips and breathed again, and was made anew.” ~ Silvia Moreno-Garcia, *Gods of Jade and Shadow*

“The magic in new beginnings is truly the most powerful of them all.” ~ Josiyah Martin

“There will come a time when you believe everything is finished; that will be the beginning.” ~ Louis L'Amour

“Dreams are renewable. No matter what our age or condition, there are still untapped possibilities within us and new beauty waiting to be born.” ~ Dale Turner

“The greatest of all capabilities of a human being is to become born again.” ~ J.R. Rim

“He knows he will be born again, and start fresh anew.”
~ Dejan Stojanovic

“There is always an opportunity to start again and again, if the old ways are not working last year, look for better ways of doing it in the new year and start again afresh.” ~ Bamigboye Olurotimi

“Change is growth. For me it has been a very spiritual and musical rebirth.” ~ Lenny Kravitz